

SENIOR STATE CHAMPIONSHIPS

2025

17-18 May



PROGRAM

Our Gymsports

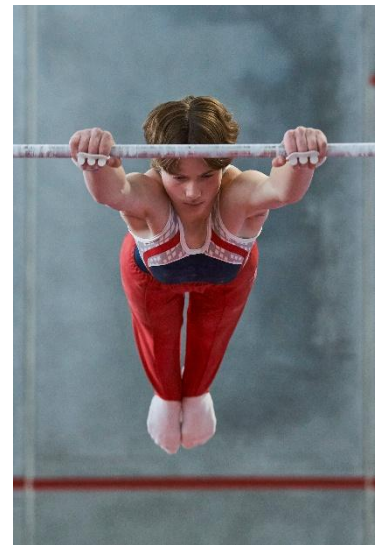


WAG

Women's Artistic Gymnastics

MAG

Men's Artistic Gymnastics



**TRP—Trampoline
Individual
Synchronised**



**TUM
Tumbling**



**DMT
Double Mini**

GT Senior State Championships

Opening Ceremony

OPENING CEREMONY—SATURDAY 12.00PM

MARCH IN OF GYMNASTS:

- WAG—LEVEL 8, 9, 10, Future International, Developing International
- MAG—LEVEL 7 OPEN , LEVEL 8 OPEN, LEVEL 9 U18, Level 10
- TRAMPOLINE—INTERNATIONAL TRAMPOLINE JUNIOR AND SENIOR

NATIONAL ANTHEM

ACKNOWLEDGEMENT TO COUNTRY

WELCOME

SAM BRITTLEBANK – CEO GYMNASTICS TASMANIA

FIG (FEDERATION OF INTERNATIONAL GYMNASTICS)

OATHS AND CODES OF BEHAVIOUR

GYMNASTS' OATH:

READ BY — Tim Wilson (2024 TRP Good Sportsman Award) — FOR ALL GYMNASTS

OFFICIALS' OATH:

READ BY —Maggie Smolinski (2024 Bob Wherrett Award)— FOR ALL OFFICIALS

Event Staff

Championships Coordinator: Gymsports Management

Host Club: Kingborough Gymsports

WAG GC Technical Director: Anke Moncur

MAG GC Technical Director: Lars Becker

TRP GC Technical Director: Ben Kelly

Event Manager: Jo Penny

Floor Manager: Bond Larkin

WAG/MAG Event Announcer: Heike Mumford

TRP Event Announcer: Gideon Cordover

Medical: Back in Motion



Official Photographer: PHOTOGRAPH TASMANIA

<https://www.photographtasmania.com.au/site/2024-gt-senior-gymnastics>

PASSWORD – GTS2025

PHOTOGRAPHY AT THE EVENT:

Gymnastics Tasmania/Gymsports Management acknowledges that family and friends wish to take their own images for memories from the Championships and this is supported. However, sale of these images or recordings is not permitted. Gymnastics Tasmania/Gymsports Management reserves the right to remove individuals from an event if they refuse to adhere to these rules.

For the safety of the gymnasts, please:

- Only take videos and photos from the spectator area. Do not enter the competition area to take a video/photo
- Do not use flash photography as an unexpected flash may distract the gymnast and lead to injury

Saturday Session 1

Women's Gymnastics

Level 7 – Team Events

GROUP	LEVEL	CLUBS				TOTAL #
GROUP 1	7	DEV (L7-6)				6
GROUP 2	7	KG (L7-9)				9
GROUP 3	7	ZOD (L7-5), HGA (L7-1),				6
GROUP 4	7	CG (L7-5)				5
GROUP 5	7	LPCYC (L7-4), EGA (L7-5)				9
8.30-8.50	Session 1: General Warm Up <ul style="list-style-type: none">Warm Up as per National Clubs format					
	Session 1: Compete					
	VAULT	BARS	BEAM	FLOOR	REST	
8.50-9.20	Group 1	Group 2	Group 3	Group 4	Group 5	
9.20-9.50	Group 5	Group 1	Group 2	Group 3	Group 4	
9.50-10.20	Group 4	Group 5	Group 1	Group 2	Group 3	
10.20-10.50	Group 3	Group 4	Group 5	Group 1	Group 2	
10.50-11.20	Group 2	Group 3	Group 4	Group 5	Group 1	
11.20AM– AWARD CEREMONY LEVEL 7 TEAMS						

Saturday Session 2

Women's Gymnastics

Level 8, 9, 10, Future and Developing
International – Team Events

GROUP	LEVEL	CLUBS				TOTAL #
GROUP 1	L8	KG (L8-5, L9-1)				6
GROUP 2	L8, L9, FI, DI	ZOD (L8-3, L9-1, DI-1), KG (FI-1)				6
GROUP 3	L8	CG (L8-4)				4
GROUP 4	L8,L9, L10	KG (L8-3, L9-3, L10-1)				8
GROUP 5	L8,L9, L10	DEV (L9-2, L10-2), EGA (L8-3, L10-1)				8
11.40-12.00	Session 2: General Warm Up <ul style="list-style-type: none">Warm Up as per FIG regulations					
12.00-12.20	MARCH IN AND OPENING					
	Session 2: Apparatus Warm Up					
	VAULT	BARS	BEAM	FLOOR	REST	
12.30-12.40	Group 5	Group 1	Group 2	Group 3	Group 4	
12.40-12.50	Group 4	Group 5	Group 1	Group 2	Group 3	
12.50-1.00	Group 3	Group 4	Group 5	Group 1	Group 2	
1.00-1.10	Group 2	Group 3	Group 4	Group 5	Group 1	
1.10-1.20	Group 1	Group 2	Group 3	Group 4	Group 5	
	Session 2: Compete					
	MARCH IN to APPARATUS					
	VAULT	BARS	BEAM	FLOOR	REST	
1.20-1.50	Group 1	Group 2	Group 3	Group 4	Group 5	
1.50-2.20	Group 5	Group 1	Group 2	Group 3	Group 4	
2.20-2.50	Group 4	Group 5	Group 1	Group 2	Group 3	
2.50-3.20	Group 3	Group 4	Group 5	Group 1	Group 2	
3.20-3.50	Group 2	Group 3	Group 4	Group 5	Group 1	
4.30PM – AWARD CEREMONY LEVEL 8,9,10, INTERNATIONAL TEAMS						

Saturday Session 3

Women's Gymnastics

Level 6 – Bigham Cup Trial

GROUP	LEVEL	CLUBS				TOTAL #
GROUP 1	6	CG (L6-5)				5
GROUP 2	6	EGA (L6-4)				4
GROUP 3	6	KG (L6-5)				5
GROUP 4	6	ZOD (L6-1), HGA (L6-1), DEV (L6-2)				4
GROUP 5	6	LPCYC (L6-4)				4
5.00-5.20	Session 3: General Warm Up <ul style="list-style-type: none">• Warm Up as per National Clubs format					
	Session 3: Compete					
	MARCH IN					
	VAULT	BARS	BEAM	FLOOR	REST	
5.20-5.40	Group 1	Group 2	Group 3	Group 4	Group 5	
5.40-6.00	Group 5	Group 1	Group 2	Group 3	Group 4	
6.00-6.20	Group 4	Group 5	Group 1	Group 2	Group 3	
6.20-6.40	Group 3	Group 4	Group 5	Group 1	Group 2	
6.40-7.00	Group 2	Group 3	Group 4	Group 5	Group 1	
7.00PM – AWARD CEREMONY LEVEL 6 INDIVIDUAL						

Sunday Session 4

Women's Gymnastics

Level 7 – Individual Events

GROUP	LEVEL	CLUBS				TOTAL #
GROUP 1	7	CG (L7-5)				5
GROUP 2	7	LPCYC (L7-4), EGA (L7-5)				9
GROUP 3	7	KG (L7-9)				9
GROUP 4	7	DEV (L7-6)				6
GROUP 5	7	ZOD (L7-5), HGA (L7-1),				6
8.30-8.50	Session 4: General Warm Up <ul style="list-style-type: none">Warm Up as per National Clubs format					
9.00	MARCH IN					
	Session 4: Compete					
	VAULT	BARS	BEAM	FLOOR	REST	
9.00-9.30	Group 1	Group 2	Group 3	Group 4	Group 5	
9.30-10.00	Group 5	Group 1	Group 2	Group 3	Group 4	
10.00-10.30	Group 4	Group 5	Group 1	Group 2	Group 3	
10.30-11.00	Group 3	Group 4	Group 5	Group 1	Group 2	
11.00-11.30	Group 2	Group 3	Group 4	Group 5	Group 1	
11.30AM- AWARD CEREMONY LEVEL 7 INDIVIDUAL						

Sunday Session 5

Women's Gymnastics

Level 8, 9, 10, Future and Developing
International – Individual Events

GROUP	LEVEL	CLUBS				TOTAL #
GROUP 1	L8,L9, L10	DEV (L9-2, L10-2), EGA (L8-3, L10-1)				8
GROUP 2	L8	KG (L8-5, L9-1)				6
GROUP 3	L8	CG (L8-4)				4
GROUP 4	L8, L9, FI, DI	ZOD (L8-3, L9-1, DI-1), KG (FI-1)				6
GROUP 5	L8,L9, L10	KG (L8-3, L9-3, L10-1)				8
12.10-12.30	Session 5: General Warm Up <ul style="list-style-type: none">Warm Up as per FIG regulations					
	Session 5: Apparatus Warm Up					
	VAULT	BARS	BEAM	FLOOR	REST	
12.30-12.40	Group 5	Group 1	Group 2	Group 3	Group 4	
12.40-12.50	Group 4	Group 5	Group 1	Group 2	Group 3	
12.50-1.00	Group 3	Group 4	Group 5	Group 1	Group 2	
1.00-1.10	Group 2	Group 3	Group 4	Group 5	Group 1	
1.10-1.20	Group 1	Group 2	Group 3	Group 4	Group 5	
	Session 5: Compete <ul style="list-style-type: none">					
	MARCH IN					
	VAULT	BARS	BEAM	FLOOR	REST	
1.20-1.50	Group 1	Group 2	Group 3	Group 4	Group 5	
1.50-2.20	Group 5	Group 1	Group 2	Group 3	Group 4	
2.20-2.50	Group 4	Group 5	Group 1	Group 2	Group 3	
2.50-3.20	Group 3	Group 4	Group 5	Group 1	Group 2	
3.20-3.50	Group 2	Group 3	Group 4	Group 5	Group 1	
4.40PM – AWARD CEREMONY LEVEL 8,9,10, INTERNATIONAL INDIVIDUAL						

Saturday Session 2

Men's Gymnastics

Level 7, 8, 9, 10 – Teams Events

GROUP	LEVEL	CLUBS					TOTAL #
GROUP 1	7,8,9,10	KG (L7O-6, L8O – 3, L9U18-1, L10-1)					11
11.40-12.00	Session 2: General Warm Up <ul style="list-style-type: none">Warm Up as per FIG regulations						
12.00-12.20	MARCH IN AND OPENING						
	Session 2: Apparatus Warm Up						
	FX	PH	SR	VT	PB	HB	
12.20-12.30				Group 1			
12.30-12.40		Group 1					
12.40-12.50			Group 1				
12.50-1.00					Group1		
1.00-1.10						Group 1	
1.10-1.20	Group 1						
	Session 2: Compete <ul style="list-style-type: none">Canadian warm upTwo touches on vaultOne touch on all other apparatus						
	MARCH IN						
	FX	PH	SR	VT	PB	HB	
1.20-1.50	Group 1						
1.50-2.20		Group 1					
2.20-2.50			Group 1				
2.50-3.20					Group 1		
3.20-3.50						Group 1	
3.50-4.20				Group1			
4.30PM– AWARD CEREMONY LEVEL 7,8,9,10 TEAMS							

Sunday Session 5

Men's Gymnastics

Level 7, 8, 9, 10 – Individual Events

GROUP	LEVEL	CLUBS					TOTAL #
GROUP 1	7,8,9,10	KG (L7O-6, L8O – 3, L9U18-1, L10-1)					11
12.00-12.20	Session 5: General Warm Up <ul style="list-style-type: none">Warm Up as per FIG regulations						
	Session 5: Apparatus Warm Up						
	FX	PH	SR	VT	PB	HB	
12.20-12.30				Group 1			
12.30-12.40		Group 1					
12.40-12.50			Group 1				
12.50-1.00					Group1		
1.00-1.10						Group 1	
1.10-1.20	Group 1						
	Session 5: Compete <ul style="list-style-type: none">Canadian warm upTwo touches on vaultOne touch on all other apparatus						
	MARCH IN						
	FX	PH	SR	VT	PB	HB	
1.20-1.50	Group 1						
1.50-2.20		Group 1					
2.20-2.50			Group 1				
2.50-3.20					Group 1		
3.20-3.50						Group 1	
3.50-4.20				Group1			
4.40PM– AWARD CEREMONY LEVEL 7,8,9,10 INDIVIDUAL							

Trampoline Gymnastics

Saturday Session 1 | Session 2

TRAMPOLINE GYMNASTICS	
SATURDAY 17 TH MAY	
SESSION 1	
8.30AM-11.20AM	Junior Synchronised Trampoline Senior Synchronised Trampoline Junior U22 Mens and Women Tumbling Senior Mens Tumbling
11.20AM	AWARD CEREMONY SESSION 1
SESSION 2	
11.40AM-12.00PM	GENERAL WARM UP Trampoline and Double Mini
12.00PM	MARCH IN AND OPENING
12.00PM-4.30PM	Senior Mens Trampoline Youth U15 Womens Trampoline Junior U17 Womens Trampoline Senior Womens Trampoline Junior Mens Trampoline Senior Mens Double Mini Senior Womens Double Mini Junior U22 Mens Double Mini Junior U22 Womens Double Mini
4.30PM	AWARD CEREMONY SESSION 2

Trampoline Gymnastics

Saturday Session 4 | Session 5

TRAMPOLINE GYMNASTICS		
SUNDAY 18 TH MAY		
SESSION 4		
8.30AM-11.30AM	National Level 5 Synchronised Trampoline Youth Synchronised Trampoline National Level 6 Synchronised Trampoline National Level 7 Synchronised Trampoline	National Level 6 Womens Tumbling National Level 5 Mens Tumbling National Level 5 Womens Tumbling National Level 7 Mens Tumbling National Level 7 Womens Tumbling Youth U13 Mens Tumbling Youth U13 Womens Tumbling Youth U15 Mens Tumbling Youth U15 Womens Tumbling
11.30AM	AWARD CEREMONY SESSION 4	
SESSION 5		
12.00PM-4.40PM	National Level 5 Womens Trampoline National Level 6 Womens Trampoline National Level 5 Mens Trampoline National Level 6 Mens Trampoline National Level 7 Mens Trampoline Youth U13 Mens Trampoline Youth U15 Womens Trampoline Junior U17 Mens Trampoline	National Level 5 Mens Double Mini National Level 6 Mens Double Mini National Level 7 Mens Double Mini Youth U13 Mens Double Mini Youth U15 Mens Double Mini Junior U17 Mens Double Mini National Level 5 Womens Double Mini National Level 6 Womens Double Mini
4.40PM	AWARD CEREMONY SESSION 5	

2024

Gymnastics Tasmania

Officials of the Year



MAG OFFICIAL
LARS BECKER



WAG OFFICIAL
ELLEN-JANE HICKEY



TRP OFFICIAL
DAMIEN AXELSEN



RG OFFICIAL
MARDI EATON



GfA COACH
SHARLEE HAMERLOK

2024

Gymnastics Tasmania

Rookie Officials of the Year



ROOKIE JUDGE
RG SENIOR ATHLETE
BETHANY HARVEY



ROOKIE COACH
JOSHUA TRACEY

2024

Gymnastics Tasmania

Athletes of the Year



RG JUNIOR ATHLETE
ANGUS TRACEY

2024

Gymnastics Tasmania

Athletes of the Year



MAG SENIOR ATHLETE
KAELEM WELSH



MAG JUNIOR ATHLETE
CALEB CHALK



WAG SENIOR ATHLETE
GRACE GABY



WAG JUNIOR ATHLETE
MOLLY ROSS

2024

Gymnastics Tasmania Athletes of the Year



TRP SENIOR MALE ATHLETE

LEUCA MCLEOD



TRP SENIOR FEMALE ATHLETE

BRAIDA THOMAS



TRP JUNIOR MALE ATHLETE

BILLY FRENCH



TRP JUNIOR FEMALE ATHLETE

MADI MCCULLOCH

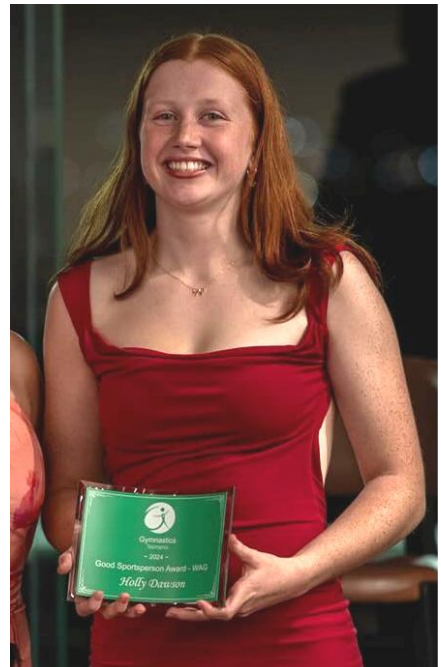
2024

Gymnastics Tasmania

Good Sportsperson of the Year



MAG GOOD SPORTSPERSON
CHRISTOPHER FOXALL



WAG GOOD SPORTSPERSON
HOLLY DAWSON



TRP GOOD SPORTSPERSON
TIM WILSON



GfA GOOD SPORTSPERSON
NOAH BLYTH

2024

Gymnastics Tasmania

Bob Wherrett Award

This award aims to recognise the outstanding performance and/or the significant and meritorious contribution to gymnastics in Tasmania over at least FIVE years of an: athlete, official or volunteer.

Areas to address may include, but are not restricted to:

- Competitive Achievements
- Exemplifying qualities
- Service to gymnastics – official or volunteer

*PRESENTED BY Bob Wherrett

CONGRATULATIONS MAGGIE



BOB WHERRETT AWARD

MAGGIE SMOLINSKI

Australian Gymnastics Championships

July 2-17, 2025

The Gymnastics Tasmania Senior State Championships are qualifying events for Womens', Mens' and Trampoline gymnasts for the State Team for the Australian Gymnastics Championships (MAG/WAG/TRP) and the Border Challenge (WAG).

WATCH THE GYMNASTICS TASMANIA SOCIAL MEDIA PAGES FOR THE
ANNOUNCEMENT OF THE GYMNASTICS STATE TEAM MEMBERS

COMING SOON!



Gymnastics Tasmania

@GymnasticsTasmania · Interest

INSTAGRAM

@gymnasticstas

WEBSITE

tas.gymnastics.org.au

GT Life Members

Kevin Langdon*

Jan Jones*

Brenda Langdon

Sue Hope*

*deceased

Laurie Seymour

Lynne Andrewartha

Robert Wherrett

Ludmila Vitesnikova

Barry Jacob

Gary Pitchford

Shirley Jacob

Peter Doody

Maureen Norris

Pauline Dittman

John Hargreaves

Mark Moncur

Ben Kelly

Leigh Oswin

Joanne Penny

Anke Moncur

Alison Morgan

Michelle McFadyen



Gymnastics
Tasmania

Photograph Tasmania

2025 Senior States

Quality photographs from this event.



photographtasmania.com.au/events
(Available by 30/05/2025)



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GTS2025



Our Partners

